

PSYCHOLOGICAL CHARACTERISTICS OF AGGRESSIVE BEHAVIOR IN INTERNAL AFFAIRS OFFICERS AND ITS PREVENTION

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Abstract: In the article internal affairs organs in the employees aggressive behavior psychological features, it to the surface bringer professional and individual factors and aggressive of behavior prevent to take psychological methods Also, the employees emotional oneself management, stress endurance and constructive communication skills development importance analysis made.

Keywords: aggressive behavior, internal affairs organs, psychological prevention, emotional control, stress, aggression, professional activity, conflict

Introduction

Internal affairs organs of employees professional activity in society law and order to provide, citizens safety protection to do and various conflict situations order to put with directly related. Such activity from the employee high level responsibility, determination, speed decision acceptance to do and emotional requires stability. Service during of employees various in character individuals with communication to do, to resist and conflict to situations face arrival their psychological to the state impact to show possible. Aggressive behavior human other to the person or to the environment relatively physical or verbally aggressive in a relationship to be with manifestation will be. Internal affairs organs employees in the activity aggression management separately importance has, because professional in the situation excess emotional reaction of communication to intensify and of conflict to increase take arrival possible. Therefore aggressive behavior psychological mechanisms study important is a scientific and practical issue. This of the problem relevance of employees aggressive reactions early to determine, their emotional status control to do and conflicted in situations constructive behaviors formation necessity with is determined. Psychological prevention systematic organization to be of employees professional stability increase with together, service of activity also ensures efficiency.

Literature analysis

Aggressive behavior problem psychology in science various theoretical approaches based on studied. A. Bandura aggressive behavior in the formation observation and imitation mechanisms importance emphasizing, human aggressive behaviors social in the environment models through absorption possible L. Berkowitz and aggression to the surface on arrival frustration, negativity emotions and external of the instigators importance attention focused. Aggression individual - psychological features It is also related to. In particular, emotional instability, impulsivity, frustration of endurance low, stress in management difficulties and conflicted situations constructive solution do not getting aggressive reactions to increase reason to be possible. In this respect aggression only external of the situation result as not, maybe person's emotional, cognitive and behavioral features with related complicated psychological event as study to the goal according to. Internal affairs organs of employees professional in the activity aggressive behavior manifestation to be of service high responsibility, stress, time shortage, conflict communication and

extreme situations impact to do possible. Therefore in the staff aggression management, emotional oneself control to do and conflicts constructive solution to do skills formation psychological prevention important from directions is one.

Aggressive behavior psychological features

Aggressive behavior one how many in the form manifestation to be Verbal aggression is possible. of the voice height, insult, threat or sharp from words in use manifestation will be. Physical aggression and other to the person relatively power use with Depends. From this except, indirectly aggression, that is dissatisfaction hidden in a way expression, also observation possible.

Internal affairs organs in the employees aggressive reactions to increase following factors impact to do possible:

- strong and far continue stress;
- professional fatigue;
- sleep and rest enough not;
- high service load;
- conflicted of situations repetition;
- to frustration of endurance lowness;
- emotions control in doing difficulties;
- impulsive decision acceptance to do;
- communicative of skills enough underdevelopment.

Aggressive behavior prevent in receiving his/her initial signs determination important. In the employee irritability, voice of the tone aggravation, impatience, rapid anger, in communication tension and impulsive reactions increase aggressive of the situation initial indicators to be possible.

Aggressive behavior prevention. Aggressive behavior prevention, first of all, of the employee own emotional status understanding and management ability to develop focus It is necessary. for internal affairs organs in the system activity driver psychologists by regular psychological diagnostics and preventive trainings organization to be to the goal according to.

First next, emotional oneself management skills develop necessary. Employee conflicted in the situation his/ her own angry or getting nervous immediately upon realizing impulsive answer not giving, situation evaluate, then decision acceptance to do need.

Second important direction - stress endurance development. Breath to take exercises, relaxation, psychological trainings and stressful situations modeling through employee complicated under the circumstances oneself management ability develop possible.

Third direction - communicative competence To form. To employees conflict in situations listen, situation without sharpening communication to do, opposite the idea acceptance to do and problem constructive road with solution to do methods to teach aggressive reactions prevent to take service does.

Practical psychological prevention model. Internal affairs organs in the employees aggressive behavior prevention to do following sequence based on organization to grow possible:

Diagnostics → causes determination → psychological training → emotional control → communicative skills → monitoring.

Diagnostics in the phase employee aggressiveness level, emotional status and to conflict attitude is studied. Next in stages aggressive reactions to the surface bringer factors is determined. Training in the process and to employees own feelings management and conflicted in situations acceptable behavior manifestation to do is taught.

Psychological prevention efficiency assessment for from training before and then psychological diagnostics transfer, employees behavioral changes observation and individual recommendations working exit to the goal according to.

Discussion

Internal affairs organs in the employees aggressive behavior formative factors individually and professional in terms of complex study necessary. Employee aggressive reaction often only his/her personal feature not, but stress, professional tired, conflicted situation and emotional of tensions mutual impact as a result to the surface arrival possible. For this reason preventive work only aggressive behavior manifestation was employees with without limitation, all in the staff emotional stability, stress endurance and conflicts constructive management skills to develop redirect to the goal Especially psychologically trainings practical situations based on organization to grow real service of employees to the conditions readiness increases

Conclusion

Internal affairs organs in the employees aggressive behavior occupational stress, emotional tense, conflicted situations and individual psychological features with related without manifestation to be possible. Its prevent in receiving psychological diagnostic, emotional oneself management, stress endurance and communicative skills develop important importance has. Systematic psychological prevention in the staff aggressive reactions control to do, to dispute situations constructive management and professional activity efficiency to increase service does.

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